



STRIVE with Janelle Bio

Janelle Brown, born in Salt Lake City, Utah, is founder of *STRIVE with Janelle*, an interactive online community, embracing the real-life challenges of maintaining a long-term healthy lifestyle. *STRIVE with Janelle* inspires women and men to have a healthy and positive self-image through continued knowledge and support. Janelle's mission is to encourage sustainable progress leading to permanent results, which will provide a lasting lifetime of change for generations to come.

As a wife, mom of six children and successful business woman, Janelle is best known as one of the most popular cast members of the television reality series, "Sister Wives." In addition to the show, she has been a realtor in Las Vegas for three years and understands the challenges of juggling all the demands life can throw at you.

Apart from her popularity on the TLC show, Janelle is also recognized as one of the owners of "My Sisterwife's Closet," an online clothing outlet. She has authored blogs speaking openly about her own issues with body image as well as the challenges of starting a workout routine as a very out-of-shape plus size gal, which, in part, fueled her vision for *STRIVE with Janelle*.